

## **NOKU SPA POLICY & MENU**

# **Hours of Operation**

10am to 8pm

## Reservation

Advance reservation is highly recommended to ensure allocation of preferred time slot. Kindly advise if you are pregnant, nursing, under a physician's care, or have mobility difficulties.

The minimum age for spa treatments is 12 years old.

# **Cancellation & Change Policy**

We kindly ask our guests to give a minimum of 3 hours' notice for any changes or cancellations. We regret that a 50% charge will be made for treatments cancelled less than 3 hours prior to your appointment, and a 100% charge will apply for no-shows.

## Check-in

We recommend that you arrive a minimum of 15 minutes prior to your treatment. Arriving late may result in a shortened service.

Upon arrival at NOKU Spa, you will be asked to complete a health declaration form to assist our Spa therapists in providing you with the best experience possible plus to assure all precautions are taken for your safety and comfort. We encourage you to disclose any health conditions that may affect your spa experience.

Give yourself plenty of time before your treatment so you can indulge in our complimentary amenities and our comfortable relaxation lounge before, after, or between treatments.

# **Spa Etiquette**

Help us keep NOKU Spa a sanctuary of tranquility and relaxation. Please respect our Spa guests by refraining from using all electronic equipment, including cameras and cell phones, while at NOKU Spa. We also ask that you speak softly or simply enjoy the silence. NOKU Spa is a non-smoking facility.

## Safety & Convenience

It is recommended that you leave your valuables in your room's guest safe. NOKU Spa will not be liable for any lost valuables.

For your convenience, NOKU Spa provides towels, slippers, shower caps, and all pampering amenities. During all treatments, your body will be properly draped for privacy.

# **Service Charge and VAT**

All prices are in THB 10% service charge and 7% VAT are automatically applied to your bill.

For more information and inquiries, please contact NOKU Spa 076-384065 Ext: 1900 or email at h4-spa1@nokuhotels.com

## **SPA MENU & PRICE LIST**

CLASSIC MASSAGE PHUMM (Naud Thai)	30 min	<b>60 min</b> 1500	<b>90 min</b> 2300
PRAII (Thai Herbal Compress)			2600
NAKAA (Foot Massage)	900	1500	
OIL MASSAGE (Signature Massage)	30 min	60 min	90 min
VARRI (Relaxing Massage) signature		1600	2300
PHANAA (Thai Oil Massage) signature		1600	2300
CHEEVA (Deep Tissue Massage) signature		1600	2300
NATEE (Hot Stone)			2600
THANN (Scalp Massage)	900	1100	
BODY SCRUB	30 min	60 min	
	900	1100	

Pamper your body with our customized scrubs for all skin types. Say goodbye to dead skin cells and wake your skin up!

For normal | sensitive | combination | oily skin

BODY WRAP	30 min	60 min
	900	1100

Drawing out stubborn toxins and opening pores clogged by urban dirt and dust, our bespoke body mask treatments will unveil a lighter, more radiant you.

For normal | sensitive | combination | oily skin

AURA (Facial treatment)	30 min	60 min
	1500	2300

Each facial is customized for a particular skin type, using the season's premium picks and latest skincare products. Available in men's edition too! Please specify your skin type.

For normal | sensitive | combination | oily skin

# **SPA PACKAGE**

NOKU DELIGHT 210 min 5120

• 30 mins Body scrub + 30 mins Body wrap + 90 mins Body Massage + 60 mins Facial treatment

• Choice of massage: Thai | Oil Massage

NOKU RADIANCE 210 min 5360

30 mins Body scrub + 30 mins Body wrap + 90 mins Body Massage
+ 60 mins Facial treatment

• Choice of massage: Thai Herbal Compress | Hot Stone

#### **SPA TREATMENTS**

# PHUMM (Naud Thai)

Straight up traditional Thai massage delivered consistently and effectively. Fuss-free and oil free.

# **PRAII (Thai Herbal Compress)**

Combined with Thai Massage and Herbal Compress which stimulate blood circulation.

# **NAKAA (Foot Massage)**

Put your feet up and kick off your shoes. Thumbs and knuckles are used in this foot massage to awaken various parts of your sole.

# **VARRI** (Relaxing Massage)

Helps to relieve physical and mental stress. Perfect for those who have been working hard all week. This relaxing massage consists of gentle and continuous massage. Along the muscles of the back, legs, and shoulders, light to medium massage weights

# PHANAA (Thai Oil Massage)

Designed to uplift enhance vitality. Combination of Thai Style stretching technique, Swedish massage and Sports massage.

# **CHEEVA (Deep Tissue Massage)**

Acupressure massages that can relax the deep inner muscles.

# **NATEE (Hot Stone)**

Deeply detoxifying and profoundly relaxing. By combining massage with hot stones, the circulatory system is both stimulated and relaxed. This circulatory activity promotes the release of toxins from the muscles, assisting the body in self-healing.

# **THANN (Scalp Massage)**

A massage incorporating the upper back, shoulder, arms, neck, forehead and head. The massage helps to relieve the pressure and relaxes with gentle and firm techniques.

# **BODY SCRUB**

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